Sri Sathya Sai Palliative Care Center - Puttaparthi

**Lymphedema Measurements Chart**

Patient ID/Name:

| **Dates ->** |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | 1 |  |  |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  |
| 4 |  |  |  |  |  |  |  |  |
| 5 |  |  |  |  |  |  |  |  |
| 6 |  |  |  |  |  |  |  |  |
| 7 |  |  |  |  |  |  |  |  |
| MLD Massage |  |  |  |  |  |  |  |  |
| Exercise |  |  |  |  |  |  |  |  |
| Elevation |  |  |  |  |  |  |  |  |
| Compression Bandage |  |  |  |  |  |  |  |  |
| Notes |  |  |  |  |  |  |  |  |